Hon Shri Annasaheb Dange Ayurved Medical College and Post Graduate Research Centre, Ashta.

"Prabodhani" A National Seminar on Mental Health

12, 13 Dec. 2025

APPEAL FOR STALL VENDORS

It is our Immense Pleasure to announce the Appeal for Stall Vendors for National seminar on Mental Health "Prabodhani 2025" will be held on 12 and 13th of Dec. 2025.

12th Dec.2025 Day is scheduled for Offline events and 13th Dec.2025 is for Online Presentations.

12th Dec.2025 completely dedicated to explore Knowledge for Mental Health with various Sessions.

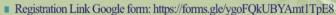
The Seminar is expected to Gather a crowed of 1000 delegates approximately on day of 12 Dec.2025. Including teaching faculty, undergraduate, Post Graduate Students and PhD scholars in Field of Ayurveda.

The Function will be inaugurated in presence of great personalities of Ayurveda Field. This is invitation Cum Brochure for Stall vendors to come up with Their Functionalities, modalities and get benefited.

The Rate Card for the stall is as under

Rent per Stall = 15,000/- for 10 sq. feet. Including food facility on the day of Event.

Registration Details



Last Date for Registration: 22/11/2025

■ Last Date for Paper & Poster submission: 15/11/2025



Delegates Registration Fees

■ UG Students -400 Rs

■ PG Students-500 Rs

■ Ph D Scholars and Faculty -600 Rs

■ For Paper/Poster presentation fees-Delegates registration + 100 Rs

Note: Delegates registration is mandatory for poster / paper presentation

■ Email ID for Abstract / Full paper Submission-seminar@adamc.ac.in

Bank Details

Account Name: Hon. Shri Annasaheb Dange

Ayurved Medical College Ashta

A/c. No. : 48110010002272 IFSC Code : IBKL0000481 Bank : IDBI Bank



Rules and Regulations for Paper & Poster Presentation

- Only registered participants may present.
- Work must be original and duly referenced.
- Papers: 5 mins + 2 mins discussion.
- Posters: follow prescribed size /guidelines.
- Plagiarism leads to disqualification. Jury's decision is final.

Address Details

Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.

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"PRABODHANI"

Awakening the mind for health Knowledge Harmony

NATIONAL SEMINAR ON MENTAL HEALTH & STRESS MANAGEMENT

Organised by

Sant Dnyaneshwar Shikshan Sanstha's

Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.

Tal-Walwa Dist- Sangli - 416 301(Maharashtra) India.
Institute ID :- AYU0187

Accredited by NCISM-MARBISM & NABET- QCI Rating with 'A' Grade Accredited by NAAC with 'A' Grade & ISO 9001:2015, 14001:2015





Hon. Shri. Dr. Annasaheb Dange Founder and Chairman SDSS, Islampur



'A' Grade

Hon. Shri. Adv. Rajendra Dange Secretary SDSS, Islampur Hon. Shri. Vishwanath Dange Joint Secretary SDSS, Islampur

• Date •

12th and 13th Dec. 2025

• Venue •

Hon. Shri Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta.

Dr. Jayvant Kharat Vice Principal (Academic) Dr. Parag Deshmukhe Principal **Dr. Vijay Dange**Vice Principal (Administration)

About Us

Hon. Shri Annasaheb Dange Ayurved Medical College and Post Graduate Research Centre, Ashta established in 1999 by visionary leader Hon. Dr. Shri Annasaheb Dange, Ex-Minister, Government of Maharashtra, stands as a centre of excellence in Ayurvedic education, research and health care. The Institute has consistently upheld the values of academic excellence, innovation and service to society. With a strong commitment to quality and holistic development, our Institute has earned several prestigious recognitions: Accredited by NCISM, MARBISM and QCI with NAAC 'A' Grade, ISO Certified (9001:2015 & 14001:2015) AYUSH NABH Certified Dhanvantari Hospital, Best College Award by MUHS, Nashik Academic Strength UG Program: 100 intake capacity PG Program: 36 intake capacity across clinical subjects, Ph.D. Program: offered in 9 subjects. We are committed to preserving the wisdom of Ayurveda while integrating it with modern advancements to contribute to healthcare and research at National and International levels.

Aim:

- 1. To promote awareness about mental health and the impact of stress on overall well-being.
- To integrate modern and traditional approaches for effective stress management and to highlight the Ayurvedic concept of Manasik Swasthya (mental health).

Objectives:

- 1. To discuss the causes, effects and management of stress.
- 2. To provide a platform for experts and participants to exchange knowledge.

Programme Schedule

Day 1 - 12th December 2025		
Time	Session	Topic
09:00 am-09.30 am	Registration	
09.30 am to 10.00 am Inauguration Ceremony		
10:00 am -11:30 am	Dr. Vasantmeghana Murthy	Nurturing Mental Health
11:30 am - 01:00 pm	Dr. Suhaskumar Shetty	Clinical experiences in the management of stress related disorders
01:00 pm- 02:00 pm	Lunch Break	
02:00 pm - 03:30 pm	Dr. S. Gopakumar	Ayurvedic Insights in the prevention and management of mental stress
03:30 pm - 04:00 pm	Interactive Session & Feedback	
04:00 pm - 04:30 pm	Valedictory Function	
Day 2 - 13th December 2025		
Online Paper / Poster Presentations		

Rajmane, Islampur 92708 14007

Distinguished Speaker



Dr. Vasantmeghna Murthy M.B.B.S., MD (Psychiatry)

Topic: Nurturing Mental Health

Associate Professor Department of Psychiatry KIMS, KVV(DU), Karad.



Dr. Suhas Kumar Shetty MD (Ayu), PhD

Topic: Clinical experiences in the management of stress related disorders

Principal & Medical Director,

KLE Shri BMK Ayurveda Mahavidyalaya, Belagavi.



Dr. S. Gopakumar MD (Kayachikitsa), MD (Rognidan)

Topic: Ayurvedic Insights in the prevention and management of mental stress Registrar, Kerala, University of Health Sciences. Kerala.

Organizing Committee

Dr. Amit Pethkar 9860963968

Dr. Shraddha Shelke 9561458804 Dr. Smita Lokhande 8149556591

Dr. Archana Wadkar 9423248506 Dr. Sarfraj Landge 9850614444

> Dr. Rupali Patil 9225633321

Registration Committee

Dr. Ashwini Patil 9518345499

Dr. Shital Patil 9673860067

Dr. Parag Kulkarni 7387447677

Dr. Shraddha Koli 9552199675 Dr. Shital Mane 7507568054

Paper / Poster Presentation & Souvenir Committee

Dr. Mahesh Inamdar 9422423532 Dr. Varsha Khot

9423565886

Dr. Subhash Patki 9272324096 Dr. Archana Wadkar 9423248506 Dr. Rupali Patil 9225633321